

SAFE-D

(Safety Accommodations For Elders and the Disabled)

Mission Statement

With compassion and respect, SAFE-D volunteers provide the free installation of in-home fall prevention equipment, for low income (\$2,200 or less per month / net) elder or disabled county residents, that increase accessibility, independence and help our clients to age safely in their own homes. Safety accommodations help our clients avoid falls and thereby help to reduce the burden of fall injuries on the medical community.

In 2018, 807 seniors were treated at Marshall Hospital ER for fall related trauma. That is up from 569 in 2017. Statistics show us that 40% of those who suffer a hip fracture will never live alone again, and 25% will die within one year. Many seniors have a less serious fall that frightens them, causing a spiraling downturn due to less activity, which then decreases strength and range of motion, which can in turn lead to a fall.

Typical installations can include:

Grab bars in the shower or bathtub	Toilet risers and/or handles
Handrails at 1 or 2 steps	Shower seat and non-slip mat
Extended hand-held shower head	Night lights
Transfer poles and bed rails	Tub clamp bars
Check for clutter, loose rugs, improper lighting and other fall prevention issues	

Volunteers are needed to:

- Install grab bars and other safety items. Work in teams of 2 for 1 day per week, or less.
- Respond to client email inquiries, process applications, answer phone calls.
- Pursue grant funds, contact possible donors, set up and help run fundraising events.

Donate and / or volunteer today!

SAFE-D is currently soliciting clients, donations and volunteers. Please visit our website and use the Donate button. Tell us what you think on our Contact Us page. You can also send us a letter, an email or give us a phone call.

SAFE-D of El Dorado County Inc.

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